

Date: Feb 7, 2014

Title: Elbow Instability (PLRI, PMRI) & Elbow Stiffness

Speaker: Dr. Jeffrey Pike

»Recommended Reading:

Doornberg, J. N., & Ring, D. C. (2006). Coronoid fracture patterns. *The Journal of Hand Surgery*, 31(1), 45-52.

Doornberg, J. N., & Ring, D. C. (2006). Fracture of the anteromedial facet of the coronoid process. *The Journal of Bone & Joint Surgery*, 88(10), 2216-2224.

Mathew, P. K., Athwal, G. S., & King, G. J. (2009). Terrible triad injury of the elbow: current concepts. *Journal of the American Academy of Orthopaedic Surgeons*, 17(3), 137-151.

Pipicelli, J. G., Chinchalkar, S. J., Grewal, R., & Athwal, G. S. (2011). Rehabilitation considerations in the management of terrible triad injury to the elbow. *Techniques in Hand & Upper Extremity Surgery*, 15(4), 198-208.

Date: Feb 14, 2014

Title: Brachial Plexus, Peripheral Nerve Injuries (Nerve & Tendon Transfers)

Speaker: Dr. Parham Daneshvar

»Recommended Reading:

Humphreys, D. B., & Mackinnon, S. E. (2002). Nerve transfers. *Operative Techniques in Plastic and Reconstructive Surgery*, 9(3), 89-99.

Date: Feb 21, 2014

Title: Distal Humerus Fractures, Fractures Around the Elbow

Speaker: Dr. Sandeep Bhachu

»Recommended Reading:

Nauth, A., McKee, M. D., Ristevski, B., Hall, J., & Schemitsch, E. H. (2011). Distal humeral fractures in adults. *The Journal of Bone & Joint Surgery*, 93(7), 686-700.

Gerwin, M., Hotchkiss, R. N., & Weiland, A. J. (1996). Alternative Operative Exposures of the Posterior Aspect of the Humeral Diaphysis. With Reference to the Radial Nerve. *The Journal of Bone & Joint Surgery*, 78(11), 1690-5.

Date: Feb 28, 2014

Title: Flexor Tendon Injuries

Speaker: Dr. Sandeep Bhachu

»Recommended Reading:

Sandvall, B. K., Kuhlman-Wood, K., Recor, C., & Friedrich, J. B. (2013). Flexor Tendon Repair, Rehabilitation, and Reconstruction. *Plastic and Reconstructive Surgery*, 132(6), 1493-1503.

Torrie, P. A. G., Atwal, N., Sheriff, D., & Cowey, A. (2010). (VI) Flexor Tendon Injuries. *Orthopaedics and Trauma*, 24(3), 217-222.

Date: Mar 10, 2014

Title: Perilunate Injuries

Speaker: Dr. Parham Daneshvar

»Recommended Reading:

Kozin, S. H. (1998). Perilunate Injuries: Diagnosis and Treatment. *Journal of the American Academy of Orthopaedic Surgeons*, 6(2), 114-120.

Date: Mar 17, 2014

Title: Tendon Transfers

Speaker: Dr. Sandeep Bhachu

»Recommended Reading:

Sammer, D. M., & Chung, K. C. (2009). Tendon Transfers: Part I. Principles of Transfer and Transfers for Radial Nerve Palsy. *Plastic and Reconstructive Surgery*, 123(5), 169e-177e.

Ratner, J. A., Peljovich, A., & Kozin, S. H. (2010). Update on Tendon Transfers for Peripheral Nerve Injuries. *The Journal of Hand Surgery*, 35(8), 1371-1381.

Date: Mar 24, 2014

Title: Scapholunate Instability

Speaker: Dr. Nathan Sacevich

»Recommended Reading:

Kitay, A., & Wolfe, S. W. (2012). Scapholunate Instability: Current Concepts in Diagnosis and Management. *The Journal of Hand Surgery*, 37(10), 2175-2196.

Date: Mar 31, 2014

Title: Ulnar Nerve Compression

Speaker: Dr. Parham Daneshvar

»Recommended Reading:

Von Schroeder, H. P., & Scheker, L. R. (2003). Redefining the "Arcade of Struthers". *The Journal of Hand Surgery*, 28(6), 1018-1021.

Brauer, C. A., & Graham, B. (2007). The Surgical Treatment of Cubital Tunnel Syndrome: A Decision Analysis. *Journal of Hand Surgery (European Volume)*, 32(6), 654-662.

Date: April 7, 2014

Title: Scaphoid Fractures and SNAC

Speaker: Dr. Tym Frank

»Recommended Reading:

Buijze, G. A., Goslings, J. C., Rhemrev, S. J., Weening, A. A., Van Dijkman, B., Doornberg, J. N., & Ring, D. (2014). Cast Immobilization With and Without Immobilization of the Thumb for Nondisplaced and Minimally Displaced Scaphoid Waist Fractures: A Multicenter, Randomized, Controlled Trial. *The Journal of Hand Surgery*, 39 (4), 621-627.

Trumble, T. E., Salas, P., Barthel, T., & Robert, K. Q. (2003). Management of Scaphoid Nonunions. *Journal of the American Academy of Orthopaedic Surgeons*, 11(6), 380-391.

Date: Apr 14, 2014

Title: Wrist Exam

Speaker: Dr. Thomas Goetz

»Recommended Reading:

None

Date: Apr 28, 2014

Title: Elbow Anatomy & Approaches

Speaker: Dr. Nathan Sacevich

»Recommended Reading:

Bain, G.I., Mehta, J.A. Anatomy of the Elbow Joint and Surgical Approaches .In Baker CL, Jr., and Plancher KD,ed. OPERATIVE STRATEGIES OF THE ELBOW. New York: Springer-Verlag 2001.

Cheung, E. V., & Steinmann, S. P. (2009). Surgical approaches to the elbow. Journal of the American Academy of Orthopaedic Surgeons, 17(5), 325-333.

Date: May 5, 2014

Title: Elbow Instability (PLRI, PMRI) & Elbow Stiffness

Speaker: Dr. Jeffrey Pike

»Recommended Reading:

Doornberg and Ring. Coronoid fracture patterns. J Hand Surg Am (2006) vol. 31 (1) pp. 45-52

Mathew et al. Terrible triad injury of the elbow: current concepts. J Am Acad Orthop Surg (2009) vol. 17 (3) pp. 137-51.

Date: May 12, 2014

Title: Ulnar Sided Wrist Pain

Speaker: Dr. Sandeep Bhachu

»Recommended Reading:

Sachar, K. (2008). Ulnar-sided wrist pain: evaluation and treatment of triangular fibrocartilage complex tears, ulnocarpal impaction syndrome, and lunotriquetral ligament tears. The Journal of Hand Surgery, 33(9), 1669-1679.

Mirza, A., Mirza, J. B., Shin, A. Y., Lorenzana, D. J., Lee, B. K., & Izzo, B. (2013). Isolated Lunotriquetral Ligament Tears Treated With Ulnar Shortening Osteotomy. The Journal of Hand Surgery, 38(8), 1492–1497.

Date: May 26, 2014

Title: Distal Radius Fractures in the Elderly

Speaker: Dr. David Cruickshank

»Recommended Reading:

Lichtman, D. M., Bindra, R. R., Boyer, M. I., Putnam, M. D., Ring, D., Slutsky, D. J. et al (2010). Treatment of distal radius fractures. Journal of the American Academy of Orthopaedic Surgeons, 18(3), 180-189.

Egol, K. A., Walsh, M., Romo-Cardoso, S., Dorsky, S., & Paksima, N. (2010). Distal radial fractures in the elderly: operative compared with nonoperative treatment. The Journal of Bone & Joint Surgery, 92(9), 1851-1857.

Kodama, N., Takemura, Y., Ueba, H., Imai, S., & Matsusue, Y. (2013). Acceptable parameters for alignment of distal radius fracture with conservative treatment in elderly patients. Journal of Orthopaedic Science, 1-6.

Date: June 2, 2014

Title: Summary of Research Projects

Speaker:Dr. Nikolas Jagodzinski

»Recommended Reading:

Date: June 9, 2014

Title: Kienböck's disease

Speaker: Dr. Parham Daneshvar

»Recommended Reading:

Beredjiklian, P. K. (2009). Kienböck's Disease. *The Journal of Hand Surgery*, 34(1), 167-175.

Innes, L., & Strauch, R. J. (2010). Systematic review of the treatment of Kienböck's disease in its early and late stages. *The Journal of Hand Surgery*, 35(5), 713-717.

Date: June 16, 2014

Title: Elbow OA

Speaker: Dr. Nathan Sacevich

»Recommended Reading:

Papatheodorou, L. K., Baratz, M. E., & Sotereanos, D. G. (2013). Elbow arthritis: current concepts. *The Journal of Hand Surgery*, 38(3), 605-613.

Date: June 23, 2014

No Rounds

Date: June 30, 2014

Title: Hand & Wrist RA

Speaker: Dr. Sandeep Bhachu

»Recommended Reading:

Abboud, J. A., Beredjiklian, P. K., & Bozentka, D. J. (2003). Metacarpophalangeal joint arthroplasty in rheumatoid arthritis. *Journal of the American Academy of Orthopaedic Surgeons*, 11(3), 184-191.

Papp, S. R., Athwal, G. S., & Pichora, D. R. (2006). The rheumatoid wrist. *Journal of the American Academy of Orthopaedic Surgeons*, 14(2), 65-77.

Date: July 7, 2014

Title: Custom Splint/Cast Fabrication Using 3D Printers

Speaker: Nabyl Merbouh Ph.D. - Simon Fraser University (Department of Chemistry)

»About:

Dr. Nabyl Merbouh received his B.Sc. in Chemistry from the University of Tours (France) in 1998, and subsequently attended the IRCOF-INSA at the University of Rouen (France) where he was awarded a M.Sc. in 1999 under the supervision of Prof. Marsais. He then joined the University of Connecticut in Storrs, CT (USA), where he received his Ph.D. under the supervision of Profs. Christian Brückner and James M. Bobbitt developing novel oxidation methods for carbohydrates. In 2004 he joined the Sanford-Burnham Medical Research Institute in La Jolla, CA (USA) as a Post-Doctoral fellow under Prof. Peter Seeberger working on carbohydrate syntheses, and the development of traceless linkers. In 2005 he accepted a position as a lecturer in organic chemistry and organic spectroscopy at Simon Fraser University, Burnaby (Canada), where he is very active in the area of synthetic organic chemistry, undergraduate research immersion, and 3D printing as a teaching and research tool in sciences.

Date: July 14, 2014

Title: Tennis and Golfer's Elbow

Speaker: Dr. Nathan Sacevich

»Recommended Reading:

Gosens, T. (2012). Lateral and Medial Epicondylitis. In Stanley, D. & Trail, I. (Ed.), *Operative Elbow Surgery: Expert Consult* (533-545). Oxford, UK: Churchill Livingstone.

Date: July 21, 2014

Title: Carpal Tunnel Syndrome and Recurrence

Speaker: Dr. Sandeep Bhachu

»Recommended Reading:

Mosier, B. A., & Hughes, T. B. (2013). Recurrent Carpal Tunnel Syndrome. *Hand Clinics*, 29(3), 427-434.

Date: July 28, 2014

No Rounds

Date: August 11, 2014

Title: Scaphoid Fractures

Speaker: Dr. Lauren Roberts

»Recommended Reading:

Buijze, G. A., Goslings, J. C., Rhemrev, S. J., Weening, A. A., Van Dijkman, B., Doornberg, J. N., & Ring, D. (2014). Cast Immobilization With and Without Immobilization of the Thumb for Nondisplaced and Minimally Displaced Scaphoid Waist Fractures: A Multicenter, Randomized, Controlled Trial. *The Journal of Hand Surgery*, 39(4), 621-627.

Dias, J. J., Dhukaram, V., Abhinav, A., Bhowal, B., & Wildin, C. J. (2008). Clinical and radiological outcome of cast immobilisation versus surgical treatment of acute scaphoid fractures at a mean follow-up of 93 months. *Journal of Bone & Joint Surgery, British Volume*, 90(7), 899-905.

Date: August 18, 2014

Title: Distal humerus fractures, fractures around the elbow

Speaker: Dr. James McLean

»Recommended Reading:

Githens, M., Yao, J., Sox, A. H., & Bishop, J. (2013). Open Reduction And Internal Fixation Versus Total Elbow Arthroplasty For The Treatment Of Geriatric Distal Humerus Fractures: A Systematic Review and Meta-analysis. *Journal of orthopaedic trauma*.

Smith, G., & Hughes, J. S. (2013). Unreconstructable acute distal humeral fractures and their sequelae treated with distal humeral hemiarthroplasty: a two-year to eleven-year follow-up. *Journal of Shoulder and Elbow Surgery*, 22(12), 1710-1723.

Date: August 25, 2014

Title: Wrist exam

Speaker: Dr. Thomas Goetz

»Recommended Reading:

Date: September 1, 2014

No Rounds

Date: September 8, 2014

Title: U/E Orthopaedics & MSK Radiology Combined Rounds

Topic: Wrist and DRUJ

Date: September 15, 2014

Title: Peri-lunate Injuries

Speaker: Dr. Parham Daneshvar

»Recommended Reading:

Date: September 22, 2014

Title: Rotator cuff Tendinopathy/Tears

Speaker: Dr. Frédéric-Charles Cloutier

»Recommended Reading:

Kesikburun, S., Tan, A. K., Yilmaz, B., Yaşar, E., & Yazıcıoğlu, K. (2013). Platelet-rich plasma injections in the treatment of chronic rotator cuff tendinopathy a randomized controlled trial with 1-year follow-up. *The American Journal of Sports Medicine*, Nov;41(11):2609-16.

Toliopoulos, P., Desmeules, F., Boudreault, J., Roy, J. S., Frémont, P., MacDermid, J. C., & Dionne, C. E. (2014). Efficacy of surgery for rotator cuff tendinopathy: a systematic review. *Clinical Rheumatology*, 1-11.

Date: September 29, 2014

Title: SLAC Wrist

Speaker: Dr. Chad Johnson

»Recommended Reading:

Date: October 6, 2014

Title: U/E Orthopaedics & MSK Radiology Combined Rounds

Topic: Shoulder

Date: October 13, 2014

No Rounds

Date: October 20, 2014

Title: Elbow Instability(PLRI,PMRI) and Elbow Stiffness

Speaker: Dr. James McLean

»Recommended Reading:

Rhyou, I. H., Kim, K. C., Lee, J. H., & Kim, S. Y. (2014). Strategic approach to O'Driscoll type 2 anteromedial coronoid facet fracture. *Journal of Shoulder and Elbow Surgery*. Jul;23(7):924-32.

Date: October 27, 2014

Title: Ulnar Nerve Compression

Speaker: Dr. Frédéric-Charles Cloutier

»Recommended Reading:

Date: November 3, 2014

Title: U/E Orthopaedics & MSK Radiology Combined Rounds

Topic: Shoulder

Date: November 10, 2014

Title: Tendon Transfers

Speaker: Dr. James McLean

»Recommended Reading:

Meals, C.G. and Meals, R.A. (2013). Tendon versus nerve transfers in elbow, wrist, and hand reconstruction: a literature review. *Hand Clinics*. Aug;29(3):393-400.

Date: November 17, 2014
Title: Hand Infections and Tumours
Speaker: Dr. Frédéric-Charles Cloutier

»Recommended Reading:

Henderson, M. M., Neumeister, M. W., & Bueno Jr, R. A. (2014). Hand Tumors I. Skin and Soft-Tissue Tumors of the Hand. *Plastic and reconstructive surgery*, 133(2), 154e-164e.

Osterman, M., Draeger, R., & Stern, P. (2014). Acute Hand Infections. *The Journal of hand surgery*, 39(8), 1628-1635.

Date: November 24, 2014
Title: Distal Radius Fractures
Speaker: Dr. Frédéric-Charles Cloutier

»Recommended Reading:

Berglund, L. M., & Messer, T. M. (2009). Complications of volar plate fixation for managing distal radius fractures. *Journal of the American Academy of Orthopaedic Surgeons*, 17(6), 369-377.

Date: December 1, 2014
Title: U/E Orthopaedics & MSK Radiology Combined Rounds
Topic: Hand

Date: December 8, 2014
Title: Long Head of Biceps Tendinopathy
Speaker: Dr. Jacqueline Ngai

»Recommended Reading:

Nho, S. J., Strauss, E. J., Lenart, B. A., Provencher, C. M. T., Mazzocca, A. D., Verma, N. N., & Romeo, A. A. (2010). Long head of the biceps tendinopathy: diagnosis and management. *Journal of the American Academy of Orthopaedic Surgeons*, 18(11), 645-656.

Date: January 12, 2015
Title: U/E Orthopaedics & MSK Radiology Combined Rounds
Topic: Rotator Cuff Tears

Date: January 19, 2015
Title: Elbow Anatomy and Approaches
Speaker: Dr. James McLean

»Recommended Reading:

Mehta, J. A., & Bain, G. I. (2004). Surgical approaches to the elbow. *Hand clinics*, 20(4), 375-387.

Date: January 26, 2015
Title: Elbow Osteoarthritis
Speaker: Dr. Geoff Jarvie

»Recommended Reading:

Papatheodorou, L. K., Baratz, M. E., & Sotereanos, D. G. (2013). Elbow arthritis: current concepts. *The Journal of Hand Surgery*, 38(3), 605-613.

Date: February 2, 2015
Title: U/E Orthopaedics & MSK Radiology Combined Rounds
Topic: Ulnar sided wrist pain

Date: February 9, 2015

No Rounds

Date: February 16, 2015

Title: Tennis and Golfer's Elbow

Speaker: Dr. James McLean

»Recommended Reading:

Ahmad, Z., Siddiqui, N., Malik, S. S., Abdus-Samee, M., Tytherleigh-Strong, G., & Rushton, N. (2013). Lateral epicondylitis: A review of pathology and management. *Bone & Joint Journal, 95*(9), 1158-1164.

Date: February 23, 2015

Title: Kienbock Disease

Speaker: Dr. Parham Daneshvar

»Recommended Reading:

Date: March 2, 2015

No Rounds

Date: March 9, 2015

Title: Biceps and Triceps Tendon Repairs

Speaker: Dr. James McLean

»Recommended Reading:

Watson, J. N., Moretti, V. M., Schwindel, L., & Hutchinson, M. R. (2014). Repair Techniques for Acute Distal Biceps Tendon Ruptures. *The Journal of Bone & Joint Surgery, 96*(24), 2086-2090.

Date: March 16, 2015

No Rounds

Date: March 23, 2015

Title: Carpal Tunnel Syndrome & Recurrence

Speaker: Dr. Frédéric-Charles Cloutier

»Recommended Reading:

Date: March 30, 2015

Title: Shoulder Exam

Speaker: Dr. Jeffrey Pike

»Recommended Reading:

Date: April 6, 2015

No Rounds

Date: April 13, 2015

Title: U/E Orthopaedics & MSK Radiology Combined Rounds

Topic: Pec Major/Distal Biceps/Triceps Injuries

Date: April 20, 2015
Title: Shoulder Arthritis
Speaker: Dr. James McLean

»Recommended Reading:
Steen, B. M., Cabezas, A. F., Santoni, B. G., Hussey, M. M., Cusick, M. C., Kumar, A. G., & Frankle, M. A. (2015). Outcome and value of reverse shoulder arthroplasty for treatment of glenohumeral osteoarthritis: a matched cohort. *Journal of Shoulder and Elbow Surgery*.

Date: Apr 27, 2015
Title: Wrist Exam
Speaker: Dr. Thomas Goetz

»Recommended Reading:
None

Date: May 4, 2015
Title: U/E Orthopaedics & MSK Radiology Combined Rounds
Topic: Elbow Instability

Date: May 11, 2015
Title: Rheumatoid Wrist and Hand
Speaker: Dr. Frédéric-Charles Cloutier

»Recommended Reading:
None

Date: May 18, 2015
No Rounds

Date: May 25, 2015
Title: Flexor Tendon Injuries
Speaker: Dr. Frédéric-Charles Cloutier

»Recommended Reading:
Lutsky, K. F., Giang, E. L., & Matzon, J. L. (2015). Flexor Tendon Injury, Repair and Rehabilitation. *Orthopedic Clinics of North America*, 46(1), 67-76.

Date: Jun 1, 2015
Title: U/E Orthopaedics & MSK Radiology Combined Rounds
Topic: Soft Tissue Injuries Around the Elbow

Date: June 8, 2015
Title: Ulnocarpal / Styloid Impaction
Speaker: Dr. Frédéric-Charles Cloutier

»Recommended Reading:
None

Date: June 15, 2015
Title: Peripheral Nerve Injuries
Speaker: Dr. Frédéric-Charles Cloutier

»Recommended Reading:
None

Date: June 22, 2015

Title: SLAP Tears and Biceps Pathology

Speaker: Dr. James McLean

»Recommended Reading:

None

Date: June 29, 2015

Title: Elbow Fracture Dislocations

Speaker: Dr. Frédéric-Charles Cloutier

»Recommended Reading:

None

Date: July 6, 2015

Title: U/E Orthopaedics & MSK Radiology Combined Rounds

Topic: Shoulder Instability, Labral Tears, Capsular Injuries

Date: July 13, 2015

Title: Growth Disturbances in the UE

Speaker: Dr. Jeffrey Pike

»Recommended Reading:

None

Date: July 20, 2015

Title: SLAC Wrist / LT Injuries

Speaker: Dr. Frédéric-Charles Cloutier

»Recommended Reading:

None

Date: July 27, 2015

Title: Glenoid and Scapula Fractures

Speaker: Dr. James McLean

»Recommended Reading:

None

Date: August 17, 2015

Title: Elbow Anatomy and Approaches

Speaker: Dr. Michael Carroll

»Recommended Reading:

Patterson, S. D., Bain, G. I., & Mehta, J. A. (2000). Surgical approaches to the elbow. *Clinical orthopaedics and related research*, 370, 19-33

Cheung, E. V., & Steinmann, S. P. (2009). Surgical approaches to the elbow. *Journal of the American Academy of Orthopaedic Surgeons*, 17(5), 325-333.

Date: August 24, 2015

Title: Elbow OA & RA

Speaker: Dr. Mathilde Hupin- Debeurme

»Recommended Reading:

Studer, A., & Athwal, G. S. (2011). Rheumatoid Arthritis of the Elbow. *Hand clinics*, 27(2), 139-150.

Papatheodorou, L. K., Baratz, M. E., & Sotereanos, D. G. (2013). Elbow arthritis: current concepts. *The Journal of Hand Surgery*, 38(3), 605-613.

Date: August 31, 2015

Title: EBM Upper Extremity – Lit Review

Speaker: Dr. Simon Garceau

»Recommended Reading:

None

Date: September 8, 2015

Title: Scaphoid Fractures

Speaker: Dr. Jeffrey Pike

»Recommended Reading:

None

Date: September 15, 2015

Title: Pentero Microscope Orientation

Speaker: Abrar Esop

»Recommended Reading:

None

Date: September 22, 2015

Title: Elbow Instability

Speaker: Dr. Michael Carroll

»Recommended Reading:

Anakwenze, O. A., Kancherla, V. K., Iyengar, J., Ahmad, C. S., & Levine, W. N. (2013). Posterolateral rotatory instability of the elbow. *The American journal of sports medicine*, 0363546513494579.

Wyrick, J. D., Dailey, S. K., Gunzenhaeuser, J. M., & Casstevens, E. C. (2015). Management of Complex Elbow Dislocations A Mechanistic Approach. *Journal of the American Academy of Orthopaedic Surgeons*.23(5) 297-306